

SPRING BASKETBALL 2025 AT PRIMARY PREP

Whether you've been with us this past Winter or you're interested in trying out basketball for the first time, the **Beast Coast Basketball** program is a great way to learn and improve your game, be active, and have fun! The program includes skill-building fundamental exercises, games, shooting tips, mini-contests and more! Our athletes will learn to love the game, work as a team, and to hustle!

Young players will learn:

- Game Basics (how to play the game)
- Core Skills (dribbling, defense, passing, shooting)
- Mental Strategies (values needed to achieve personal success as well as those needed to play as a team)
- Conditioning (speed, agility, quickness, stamina, coordination)
- Modified, age-appropriate gameplay in teams!

SPRING SEMESTER 2025 (March 25th - May 29th)

Full Semester - Tuesdays & Thursdays (15 classes / \$349)

Spring Season Dates:

March: 25th, 27th

April: 1st, 3rd, 8th, 10th, 15th, 29th

May: 1st, 6th, 8th, 20th, 22nd, 27th, 29th

Times: 3:00pm - 4:00pm **2nd - 5th Grade**

4:00pm - 5:00pm 6th - 8th Grade *

www.beastcoastbasketball.com

Can't join twice a week? No problem, email Coach Peyton for a code to prorate the program for only Tuesdays or Thursdays.

Email Coach Peyton: peyton@beastcoastbasketball.com

*Note: 6th-8th Graders for the 4pm class will need to sign up for 1 hour of Primary Prep aftercare if not in another after-school program before the class.

<u>Register Here</u>

