



FALL BASKETBALL 2023 AT PRIMARY PREP

Whether you've been with us last year or you're interested in trying out basketball for the first time, the **Beast Coast Basketball** program is a great way to learn and improve your game, be active, and have fun! The program includes skill-building fundamental exercises, games, shooting tips, mini-contests and more! Our athletes will learn to love the game, work as a team, and to hustle!

Young players will learn:

- Game Basics (how to play the game)
- Core Skills (dribbling, defense, passing, shooting)
- Mental Strategies (values needed to achieve personal success as well as those needed to play as a team)
- Conditioning (speed, agility, quickness, stamina, coordination)
- Modified, age-appropriate gameplay in teams!

Register Here

FALL SEMESTER 2023 (October 3rd - November 30th)

Full Semester - Tuesdays & Thursdays (16 classes / \$375)

10/3, 10/5, 10/10, 10/12, 10/17, 10/19, 10/24, 10/26, 10/31,
11/2, 11/9, 11/14, 11/16, 11/21, 11/28, 11/30

Times: 3:00pm - 4:00pm **2nd - 5th Grade**

4:00pm - 5:00pm **6th - 8th Grade ***



Registration required prior to the season. Use QR code to register or go to website:

www.beastcoastbasketball.com

Can't join twice a week or can only participate for the first or second half of the Fall sessions?

No problem, email Coach Peyton to get a quote on a program that will match your schedule!

Email Coach Peyton: peyton@beastcoastbasketball.com

**Note: 6th-8th Graders for the 4pm class will need to sign up for 1 hour of Primary Prep aftercare if not in another after-school program before the class.*