



FALL BASKETBALL 2024 AT PRIMARY PREP

Whether you've been with this Winter or you're interested in trying out basketball for the first time, the **Beast Coast Basketball** program is a great way to learn and improve your game, be active, and have fun! The program includes skill-building fundamental exercises, games, shooting tips, mini-contests and more! Our athletes will learn to love the game, work as a team, and to hustle!

Young players will learn:

- Game Basics (how to play the game)
- Core Skills (dribbling, defense, passing, shooting)
- Mental Strategies (values needed to achieve personal success as well as those needed to play as a team)
- Conditioning (speed, agility, quickness, stamina, coordination)
- Modified, age-appropriate gameplay in teams!

Register Here

FALL SEMESTER 2024 (October 1st - December 5th)

Full Semester - Tuesdays & Thursdays (16 classes / \$375)

Fall Season Dates:

October: 1st, 3rd, 8th, 10th, 15th, 17th, 22nd, 29th, 31st

Nov: 7th, 12th, 19th, 21st, 26th

Dec: 3rd, 5th

Times: 3:00pm - 4:00pm **2nd - 5th Grade**

4:00pm - 5:00pm **6th - 8th Grade ***



www.beastcoastbasketball.com

Can't join twice a week or can only participate for the first or second half of the Spring session?

No problem, email Coach Peyton to get a quote on a program that will match your schedule!

Email Coach Peyton: peyton@beastcoastbasketball.com

**Note: 6th-8th Graders for the 4pm class will need to sign up for 1 hour of Primary Prep aftercare if not in another after-school program before the class.*