

**MD COMPLETION FOR ALL STUDENTS
INDIVIDUALIZED HEALTH PLAN
FOR ANAPHYLAXIS/SEVERE ALLERGIES**

STUDENT: _____ DATE OF BIRTH: _____ GRADE: _____
ALLERGY TO: _____ CELL PHONE: _____
PARENT/GUARDIAN: _____ HOME PHONE: _____
MD: _____ MD PHONE: _____ HOSPITAL CHOICE: _____

This student has an allergy to Food or Bee Stings, an emergency may occur:

1. Administration of auto-injector of Epi-Pen as per MD instructions by nurse or staff delegate.
2. Notify Principal immediately
3. **Call 911: State who you are, where you are and the problem. Stay on phone until told to hang up.**
4. Stay with student or designate another adult to do so, continue to check pulse and respiration, prepare for CPR
5. Student **MUST** go to the Hospital for medical evaluation after Epinepherine Injection.
6. ***If emergency occurs on school trip; pull off road call 911***

INDIVIDUALIZED HEALTH PLAN

For completion by MD

If you see these symptoms:

Do this:

Mouth: itching & swelling of lips, tongue or mouth

Abdomen: nausea, cramps, vomiting or diarrhea

Heart: threaded pulse, passing out, unconsciousness

Throat: itching and or a sense of tightness in throat

Skin: hives, itchy rash, swelling of face or extremities

Lung: shortness or breath, repetitive coughing/wheezing

PHYSICIAN SIGNATURE: _____ **DATE:** _____

Delegates to Administer an EpiPen for this student: no oral meds.

1. Delegate Name: _____ Signature: _____ Date: _____

2. Delegate Name: _____ Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

School Nurse Signature: _____ Date: _____

Principal Signature: _____ Date: _____